

OIPRC Injury Prevention Forum

Falls Among Seniors

March 3, 2010

9am-12:30pm

9:00am-9:10am: Opening Remarks (Dr. Phil Groff)

Morning Session: Learning from our Neighbours

Presentations from 3 provinces on their Seniors' Fall Prevention strategies and programs. Each presentation will encompass the underlying research, the implementation, policy making implications and next steps.

- i. **9:10am-10am**
British Columbia: Dr. Vicky Scott (50 minutes)
- ii. **10:00am-10:50am**
Alberta: Lynda McPhee (50 minutes)

10:50am-11:10am Morning Break

- iii. **11:10am-12pm**
Nova Scotia: Suzanne Baker (50 minutes)
- iv. **12pm-12:30pm Panel Discussion**
All morning presenters will be sitting on a panel together and will take questions from the audience. If there was not time after an earlier presentation for your question, please feel free to ask it during this session.

12:30pm-1:30pm Lunch

This will be held in the Gold Room down the hall. Please feel free to eat in that room or bring your food back to the main room

1:30pm-4pm

Afternoon Sessions:

1. Lay of the land in Ontario

- i. **1:30pm-1:40pm**
Update and comments from the Ontario Agency for Health Protection and Promotion: Brian Hyndman
- ii. **1:40pm-1:50pm**
Discussion of the collaboration of the 4 IP organizations in the Injury Alliance (SMARTRISK, Safe Communities, Safe Kids Canada, Think First) and how they plan to incorporate seniors fall prevention into their research and work together:
Dr. Phil Groff

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2. Learning from our Communities

Presentations from various successful fall prevention programs within Ontario communities. These will include the reasoning and background, information regarding the community implementation and the current status/next steps of the program

i. **1:50pm-2:05pm**

Stay on Your Feet: Rhonda Lovell

ii. **2:05pm-2:20pm**

Falls Intervention Team (FIT): Anne Wenger

iii. **2:20pm-2:35pm**

Mississauga Halton Falls Prevention program: Monica Marquis

iv. **2:35pm-2:50pm Panel Discussion**

All afternoon presenters will be sitting on a panel together and will take questions from the audience. If there was not time after an earlier presentation for your question, please feel free to ask it during this session.

2:50pm-3:00pm Stretch Break

3. 3:00pm-3:50pm Open Forum

This will be in the style of an open forum with a set facilitator. There will be pre-determined questions posed to the entire group that they are to think about and build upon as the discussion progresses.

The speakers from all previous sessions will be available for comment during this session.

Please be sure to fill out your evaluation form before leaving the forum